

Aroostook River 30 Canoe / Kayak Race

Rules & Regulations

1. **TIP:** If possible, don't wait until race day to register. Who needs the last minute stress of waiting in line to register when you could be prepping your boat for battle on the morning of the race? Trust me on this. Register early if you can, get a good night's sleep before the race.

Rules and Regulations

To all race participants and spectators: you are kindly asked to remember that you are a guest of the towns of, Presque Isle, Caribou, Fort Fairfield. Please respect the private property of its citizens, as well as any parking regulations along all race areas.

5 craft per minute will be launched beginning at 9:00am.

No boats will be allowed by the water before race starts, each boat crew will race to the water and launch their boats at the start of the race.

No alcohol will be allowed in any craft.

No animals will be allowed in any craft.

You must be 12 years of age at time of Race (with an adult in the craft).

You must be at least 16 years of age time of race (if no adult is present).

You must have consent of parent or guardian (if under 18 years of age.)

Adult: Is considered any individual over the age of 18 years of age and out of High School

Race Guidelines

Identify your craft number, check points, and the finish line.

Contestants will not be disqualified if they accept only enough help to get them and their craft to shore.

Contestants can have whatever type of support team they deem necessary, but support can only be rendered at organized checkpoints or if disqualified your support team will be directed where to go to pick you and your team up.

The sweep canoe will disqualify contestants if they have not passed the Caribou Portage Check Point by 2:00pm on Saturday May 12th, 2012.

Contestants **MUST** wear **Life Jackets** at all times. **There is no exception to this rule**

All racers in open canoes will use single blade paddles only. Racers in kayaks or decked boats may use either single or double blade paddles.

Overtaking canoes have the right of way both in the water and on portages.

Coast Guard approved, over-the-shoulder, correctly sized life jackets must be worn at all times. These will be checked

at the time of check in.

Numbers can be worn anywhere it is comfortable for the participant but must be visible at all times. Race numbers must be seen from both sides of the boat.

No racing team or racing member is allowed to leave the waterway without contacting someone from the race committee; if you do leave the waterway you will immediately be disqualified from the race.

Any disqualified contestants will surrender their number to safety personnel.

With Regard To Portages:

Caribou Dam: This is a mandatory portage. Paddlers must check in at this checkpoint, failure to do so will result in being eliminated from the race. Paddlers can use whatever help they have available to get their boats out of the water at this checkpoint, **NO VEHICLES ALLOWED TO CARRY BOATS** . Wheels can be used if you have them, but must be attached to the boat Paddlers must have their hands on the boat or boats at all times during the portage, no support personnel will be allowed to handle the boats except to help pull the boat out of the water. Race participants can only enter the water at the appropriate checkpoints and leave the water at the appropriate checkpoints any other entry or exit will mean immediate disqualification from the race. Support teams are not allowed to help with the actual portage around the dam.

Other Notes

Recreational Class includes ANY watercraft sold for general recreational use. In general, this includes ABS and polyethylene canoes and kayaks, as well as aluminum, wood, and canvas canoes.

A beginner is anyone who has not finished 1st, 2nd, or 3rd in any organized race in any class.

Awards will be presented during the Awards Supper. The Aroostook River Fish And Game Club will be providing the meal for the Awards Supper following the race.

Race organizers are NOT responsible for lost watercraft; however we will make every attempt to find your watercraft.

Extra Items

The most important thing about this race is to have fun and enjoy the outdoor area you will be paddling through, but most of all we all need to be safe at all times. This race will go on RAIN or SHINE. We want all of the contestants to have a wonderful experience and our members and volunteers will do everything we can to make sure that happens for you.